

UHS Risk Stratification in Glaucoma

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| Glaucoma Suspects (disc or field) | Virtual/Community hospital led care clinic |
| Untreated Ocular Hypertensives (low risk) <i>(IOP ≤ 25mmHg, normal discs / VF, no FHx)</i> | Virtual/Community hospital led care clinic |
| Stable Ocular Hypertensives (treated) | Virtual/Community hospital led care clinic |
| Untreated Ocular Hypertensives (high risk) <i>(IOP >25mmHg, normal discs / VF, no FHx, age <60)</i> | Optom led (future plan) clinic/SMS |
| Unstable Ocular Hypertensives <i>(start or change medical Rx)</i> | Consultant clinic |
| Stable early POAG <i>(MD better -6dB stable at 2 visit, IOP at target and no co-morbidity)</i> | Virtual/Community hospital led care clinic |
| Stable moderate POAG <i>(MD between -6dB & -12dB stable at 2 visits, IOP at target and stable co- morbidity)</i> | Virtual/Community hospital led care clinic |
| Stable early and moderate POAG <i>(only eye, traby or tube)</i> | Community hospital led care clinic |
| Suspected Unstable POAG <i>(IOP not at target or possible VF / new OD findings)</i> | Consultant clinic |
| Definite Unstable POAG + change in med Rx <i>(IOP not at target or definite VF / OD progression)</i> | Compliance /Treatment Clinic (Independent Prescriber Led Clinic Future) Currently – Consultant led clinic IOP check <i>(depending on level of IOP & stage of glaucoma)</i> |
| Secondary OAG | Consultant clinic |

| PAC suspects, PAC and PACG | | |
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| Phakic PAC suspects / PAC post PI | 1 week (gonio) then | Consultant clinic |
| | <p>* If open angles (TM visible at least 3 quads), monitor <u>annually with gonio for 2 years and then discharge to local Optometrist</u> if < 3 clock hours PAS, normal IOPs, discs & VFs for annual review</p> <p>* If ITC present > 1 quadrant <u>monitor annually with gonioscopy</u> until pseudophakic</p> | Community hospital led care clinic |
| Phakic PAC with OHT or PACG on Rx | Reviews same as for primary OHT & POAG | |
| Pseudophakic no Rx | Discharge to local Optometrist | |
| Pseudophakic on Rx | Virtual led clinic | |

| Post-ops and lasers | Consultant clinic |
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| Cataract surgery + no trab | 1 week then as per glaucoma severity |
| Cataract surgery + functioning trab | weeks 1, 3 and 6 |
| Cataract surgery + PAC | weeks 1 and 6, 1yr then Discharge to local Optometrist if normal IOPs, discs & VFs |
| Trabeculectomy | day 1, weeks 1, 2, (3), 4, (6), 8, 12 |
| Tube | day 1, weeks 1, 2, 4, 8 |
| Cyclodiode laser | 1-3 weeks, 6-8 weeks |
| Laser PI | 1 week + gonioscopy, dilation if patent PI |
| SLT | 6-8 weeks (consider week 1) IOP check |